



Sara Ahmed

What does it mean to be oriented?...

What difference does it make “what” we are orientated towards?

From the introduction to *Queer Phenomenology*, 2006

Welcome – Check in

Please sit in a pair with someone, introduce yourself and ask each other the following questions:

- What are you putting down to be here?
- What are your hopes for the session?

Context – Assignment Brief

We're doing this workshop in relation to a speculative design project to re-imagine, adapt, and design everyday objects and spaces using **bodily comfort** as a single design criterion, whilst embracing a wide variety of divergent body abilities, needs, and the dynamics of comfort.

Thinking through comfort

Working in pairs:

- Pair 1: take 2-3 minutes to handle and explore an object from the selection through touch and looking
- Pair 2: take 2-3 minutes to handle and explore a publication from the selection through touch and looking

Thinking through comfort

Continuing to work in your pairs take another 2-3 minutes to make some notes:

- What is your emotional response to the object? Do you like it? Name two or three emotions that come up for you.
- Write a short description of the object on your worksheet
- Consider the colour, texture, shape, temperature, what is it made of?

Thinking through comfort

What is your emotional response to the object you selected? Do you like it? Name two or three emotions that come up for you.

Write a short description of the object. Consider the colour, texture, shape, temperature, etc. what is it made of?

